NOW I AM BIGGER – IDEAS FOR POETRY WRITING

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The following exercises are based on poems from the book. Ideally, you would read the book to your class and talk about some of the poems first, using the Teacher's Notes. You can then use the following exercises and examples to encourage your students to write their own poems.

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EATING

I want to eat everything with my hands even porridge it goes in my mouth one handful at a time

but Mummy says open up and in goes the spoon dribble scoop wipe

I want to try
the spoon
but the porridge
won't go where I want it
the spoon doesn't work
nothing goes in
my mouth
but air

I'm hungry!



Exercise: What does food look like? What does it taste like? This simple poetry exercise asks students to use their imagination and compare food to other things (this is a way to introduce the use of similes and metaphors – you may want to explain what these are or simply have fun with words).

Choose a food you love or hate, and describe it by comparing it to something different. Imagine eating the food – can you describe the taste? What does it do to your mouth? What does it look like? Here are some examples:

A slice of watermelon is like a big pink smile.

A cup of hot chocolate is like a warm hug.

A plate of custard is like a yellow pond that I float chocolate frogs in.

A stick of celery is like the world's biggest, flattest blade of grass.

Lemon juice twists my tongue upside down.

Chocolate melts in my mouth like velvet.

Bananas hide soft sweet secrets.

TEETH

first I grow one then two then three then four

four teeth to bite

fingers toast toys

spoons

then more teeth

big ones

little ones

front and back

teeth that make my head

feel hot

and achey

lots of munching crunching

biting

teeth

grrrrrrr.

Exercise: Choose a part of your body and write a poem about it. What is the part like? What does it remind you of in the world around you? How can you describe it differently? Here are some examples:

My teeth are a fence in front of my tongue, my tongue is the front path to my throat, my throat is a doorway to my stomach.

Come in, food!

My thumb has a mind of its own and even when my fingers wave to it sometimes it just sticks out its tongue and wiggles it.

Knobbly knees, bobbly knees, skinny toes, jammy toes, blinking eyes, winking eyes, blowing nose, growing nose - who told a lie?

Why don't I have eyes in the back of my head? Why don't my arms and legs bend both ways? If they did, I could pick up things behind me!

TEDDY

once Teddy was big much bigger than me bigger eyes bigger ears big furry arms

then we were the same size I sat on Teddy he sat on me now Teddy's small and I'm big big enough to give Teddy cuddles when he's scared.

Exercise: What was or is your favourite toy? Why? How did you play with it? Where? Write down all the things you love about your toy, describe it, and then write a poem about it, using some of the words you wrote down.

Clown grins, clown spins, clown hangs from the tree come down, clown, come down and play again.

Blocks make trucks blocks make cars blocks make tall buildings I can knock down – bang, crash, tumble!

Annabel's long blonde curls tickle my face but I like having her on the pillow where I can tell her my secrets.



Now I Am Bigger is available at all good bookstores, and online at Fishpond, Readings and Boomerang Books, among others. If you're having trouble buying a copy, just email me at sherrylc1@optusnet.com.au.

My website is at http://www.sherrylclark.com

My poetry for children website is at http://www.poetry4kids.net